

Resources: Sources for further study and reading

News media

[Child's Ordeal Shows Risks of Psychosis Drugs for Young](#)

At 18 months, Kyle Warren started taking a daily antipsychotic drug on the orders of a pediatrician trying to quell the boy's severe temper tantrums.

New York Times, 1 September 2010

[A Call for Caution on Antipsychotic Drugs](#)

You will never guess what the fifth and sixth best-selling prescription drugs are in the United States, so I'll just tell you: Abilify and Seroquel, two powerful antipsychotics.

New York Times, 24 September 2012

[Psychiatrists, Children and Drug Industry's Role](#)

When Anya Bailey developed an eating disorder after her 12th birthday, her mother took her to a psychiatrist at the University of Minnesota who prescribed a powerful antipsychotic drug called Risperdal.

New York Times, 10 May 2007

[Proof Is Scant on Psychiatric Drug Mix for Young](#)

New York Times, 23 November 2006

[Side Effects May Include Lawsuits](#)

New York Times, 2 October 2010

[Mainstream psychiatry is failing – but there is another way](#)

Speak Out About Psychiatry wants to change the way mentally ill people are treated in the UK

The Guardian, 22 July 2011

[SSRI dangers for children 'suppressed'](#)

Drug companies have deliberately suppressed evidence that many antidepressants are unsuitable or even dangerous for children, according to psychiatrists and child health experts.

The Guardian, 23rd April 2013

[Fears over new drug orders for mental health patients](#)

Powers to administer compulsory treatment come into force today

The Guardian, 3 November 2008

[Mental health patients complain of 'zombification'](#)

Excessive use of forced detention and coerced treatment by the NHS means patients have little control over their treatment

The Guardian, 15 March 2011

[Antidepressants once seen as miracle drugs: now risks are becoming evident](#)

US courts to hear claims that insufficient attention was paid to dangers to foetus

The Guardian, 7 August 2009

[Study Finds Drug Risks With Newer Antipsychotics](#)

New York Times, 14th January 2009

[Weight Gain Associated With Antipsychotic Drugs](#)

New York Times, 27 October 2009

[Drowned in a Stream of Prescriptions](#)

In-depth features: Before his addiction, Richard Fee was a popular college class president and aspiring medical student. "You keep giving Adderall to my son, you're going to kill him," said Rick Fee, Richard's father, to one of his son's doctors.

New York Times, 2 February 20

[Medical experts clash over use of 'danger' schizophrenia drug](#)

Caution is killing patients earlier, claims new study by doctors in The Lancet

The Independent, 13 July 2009

[Mentally ill 'in danger from high-dose drugs'](#)

Charity's report reveals that one patient dies every week from effects of powerful tranquillisers, writes Rosie Waterhouse

The Independent, 27 August 1994

[GW psychiatrists work to stem 'study drug' abuse](#)

Experts say the medical dangers of misusing ADHD drugs are real. People who abuse the amphetamine-based drugs may suffer from sleeping problems, anxiety, depression and psychosis, according to the National Institute of Health.

The GW Hatchet, 9th June 2013

[The Bible of Psychiatry](#)

Before summarizing what's wrong with the DSM (everything!), it's worth looking at the extent of the problem. In a nutshell, we appear to be sicker even as we're taking more meds. Since 1987, sales of antidepressants and antipsychotics in the U.S. have multiplied almost 50-fold, to \$25 billion annually.

The North Coast Journal, 20 June 2013

[Drugs shouldn't be first response to children's problems, speakers say](#)

Caution should be used not only because many prescribed medications can cause serious side effects, but because often the child's behavioral problems are rooted in anxiety, stress and other psychological, not biological, causes.

Catholic News Service, 19 June 2013

[Tort litigation against pharmaceutical companies involving psychiatric drugs: lessons for attorneys and advocates](#)

Fact sheet from the Center for Public Representation about psychiatric-drug related lawsuits in the United States. *Center for Public Representation*

[Colorado shooting bombshell: Defense says suspect was psychiatric patient](#)

Defense lawyers for the gunman accused in the Colorado movie theater massacre revealed in a court filing made public on Friday that their client was a psychiatric patient of a professor at the University of Colorado and that he had sent her a message mailed prior to the shooting.

The Christian Science Monitor, 27th July 2012

[Forced medication: When does it violate rights?](#)

A St. Louis dentist accused of insurance and Medicaid fraud is fighting an effort by the US government to forcibly inject him with antipsychotic drugs, to render him competent to stand trial.

Christian Science Monitor, 3rd March 2003

[Caution Against Forced Drugging](#)

A recent United States Supreme Court decision gives prison officials the authority to force mentally ill inmates to take antipsychotic, or mind-altering, drugs. This power should be used with great caution.

Christian Science Monitor, Editorial

[New Research on the Antidepressant-vs.-Placebo Debate](#)

Do antidepressants work or don't they? A new study sheds light on why the data on drug treatment are so conflicted.

Time Magazine, 18 January 2012

[Top Ten Legal Drugs Linked to Violence](#)

Certain medications — most notably, some antidepressants like Prozac — have also been linked to increase risk for violent, even homicidal behavior.

Time Magazine, 11th January 2011

[A Brief History of Antidepressants](#)

Antidepressant drugs are as controversial as they are popular. And, boy, are they popular.

Time Magazine, 7th January 2010

[If Everyone Were on Prozac ...](#)

Prozac and its imitators (Zoloft, Paxil, Celexa, Luvox) are taken today by millions of patients--including more and more children--who don't necessarily meet the textbook criteria for clinical depression.

Time Magazine, 20th January 2003

[Medicine: Warnings About a Miracle Drug](#)

A swift and sweeping popularity is often followed by a stinging backlash. That is as true for medical therapies as it is for hit TV series and fashionable restaurants. The latest example: Prozac, a drug taken to combat depression.

Time Magazine, 30th July 1990

[Medicating Young Minds](#)

Getting by is hard enough in middle school. It's harder still when you've got other things on your mind—and Andrea Okeson, 13, had plenty to distract her.

Time Magazine, 3rd December 2003

[The Empty Couch](#)

For about a decade now, since the introduction of Prozac, in 1988... the general public has known about the split between psychodynamic and biomedical psychiatry.

The New Yorker, 8th May 2000

[Psychiatric Drugs: The New Pharmacopoeia](#)

Psychiatric drugs seem to offer a modern devil's bargain: your child's happiness, comfort and success in exchange for potentially dangerous side effects and an unpredictable future for his or her developing brain.

Newsweek Magazine, 25th April 2005

[Antidepressants: Weighing the Decision \(for pregnant women\)](#)

So women may agonize if they are pregnant and must decide whether to accept a treatment that could help them but harm their fetus. As many as 20 percent of pregnant women experience significant depression.

Newsweek Magazine, 24th April 2006

[The Myth of the Chemical Cure: A Critique of Psychiatric Drug Treatment](#)

Ethical Human Psychology and Psychiatry, 1st July 2009

[Psychiatric Drugs and Violence: A Review of FDA Data Finds A Link](#)

Antidepressants near top of list of drugs associated with violence

Psychology Today, 5th January 2011

[True Source of Random Shootings and Violence is Often Psychotropic Drugs](#)

Quite often the true source of random mass shootings and violence, such as the Sandy Hook Elementary school massacre, is psychiatric medication which could well include Adam Lanza who was likely on meds and labeled as having a personality disorder.

Veterans Today, 17th December 2012

[Using Imaging to Look at Changes in the Brain \(Interview\)](#)

The big finding is that people with schizophrenia are losing brain tissue at a more rapid rate than healthy people of comparable age. Some are losing as much as 1 percent per year. That's an awful lot over an 18-year period. And then we're trying to figure out why. Another thing we've discovered is that the more drugs you've been given, the more brain tissue you lose.

New York Times, 15th September, 2008

[Anatomy of an Epidemic: The hidden damage of psychiatric drugs](#)

An award-winning science reporter looks at the history of mental illness in America -- with disturbing results.

Salon, 28th April 2010

[Debate Over Children and Psychiatric Drugs](#)

New York Times, 15th February 2007

[Strattera associated with suicide risks in kids](#)

Medication used to treat attention-deficit/hyperactivity disorder
Associated Press, 29th September 2005

[Is Psychiatry Dishonest: or is it a noble lie?](#)

Slate, 3rd May 2013

[The New Stimulus Package](#)

Overachievers are popping Adderall to get ahead. Is that a good idea?
Slate, 27th March 2013

[Bitter Medicine](#)

Two books on the (big) business of the pharmaceutical industry
Mother Jones, September/October 2004 Issue

Blogs

[Wrongful medication cases](#)

[PPL \(Pound Pup Legacy\)](#), a site that promotes the safety and wellbeing of children in care, has a list of cases in which children have been overmedicated.

[Lawsuit says too many psychiatric drugs killed boy](#)

A disabled boy was lethally overmedicated, a lawsuit contends, as outrage continues over a child's suicide while on several drugs last month.
PPL (Pound Pup Legacy)

[Medication Madness: How Psychiatric Drugs Cause Violence, Suicide, and Crime](#)

Over the years as a psychiatrist I've evaluated innumerable cases of individuals who have been driven over the edge by psychiatric drugs.
Huffpost, 3rd July 2013

[Call for Federal Investigation of Psychiatric Drugs, School Shootings & Senseless Violence](#)

Despite 22 international drug regulatory agency warnings on psychiatric drugs causing violent side effects including aggression, mania, violence, psychosis, suicidal and homicidal ideation and 14 recent school shootings committed by those under the influence of, or withdrawal from, psychiatric drugs, there has yet to be a federal investigation into psychiatric drugs causing violence.

[Deleted Forbes Article: Psychiatric drugs, not lack of gun control, are the common denominator in murderous violence](#)

[20 Reasons To Be Concerned By Antidepressants](#)

[Thinking about psychiatric drugs: The risks](#)

[Antidepressant risks: With children and adolescents](#)

[Psychiatric Drug Facts with Dr. Peter Breggin \(website and blog\)](#)

[Psychiatric and Anti-Psychotic Drugs: Psychiatry damages people](#)

[Science Proves Antidepressants Addictive. Withdrawal Unbearable For Some](#)

[Psychiatric Meds: Prescription for Murder?](#)

[Medical Whistleblower: Advocacy Network \(website\)](#)

[PSYCHIATRIC DRUGS: Cure or Quackery?](#)

[The Creation Of Senseless Violence Psychiatric Drugs and Kids Who Kill](#)

[Weight-Gain in Psychiatric Treatment: Risks, Implications, and Strategies for Prevention and Management](#)

[Diabetes, Psychiatric Disorders, and the Metabolic Effects of Antipsychotic Medications](#)

Books & Journals

[Medication madness : a psychiatrist exposes the dangers of mood-altering medications](#)

by Peter Roger Breggin
St. Martin's Press, 2008

[Your drug may be your problem : how and why to stop taking psychiatric medications](#)

by Peter Roger Breggin and David Cohen
Da Capo Press, 2007.

[United States v. Sell: Involuntary Administration of Antipsychotic Medication - Are You Dangerous or Not?](#)

by Gregg Single
EngagedScholarship@CSU

[Clinical barriers to effective pharmacotherapy in co-occurring psychiatric and substance use disorders](#)

by J Malat and DA Kahn
Journal of Psychiatric Practice, 2011 Sep; 17(5): 360-7

[Legal and ethical pitfalls in family practice psychiatry](#)

by HI Schwartz
American Family Physician, 1987 May; 35(5): 103-8

[The myth of the chemical cure : a critique of psychiatric drug treatment](#)

by Joanna Moncrieff and Palgrave Connect
Macmillan, 2008

[The Ritalin Fact Book : What Your Doctor Won't Tell You About ADHD and Stimulant Drugs](#)

by Peter Breggin
Da Capo Press, 2009

[The real drug abusers](#)

by Fred Leavitt
Rowman & Littlefield Publishers, ©2003

[Pills are not for preschoolers : a drug-free approach for troubled kids](#)

by Marilyn Wedge
W. W. Norton & Co., 2012

[Suffer the children : the case against labeling and medicating and an effective alternative](#)

by Marilyn Wedge
W. W. Norton & Co., ©2011

[Madness, heresy, and the rumor of angels : the revolt against the mental health system](#)

by Seth Farber
Copen Court, ©1993

[I'm not crazy : the true story of Frances Deitrick's flight from a psychiatric snake pit to freedom](#)

by Frances I Deitrick
New Horizon Press, ©1992

[Listening to Prozac](#)

by Peter D. Kramer
Viking, 1993

[Prozac : panacea or pandora? : our serotonin nightmare](#)

by Ann Blake Tracy
Cassia Publications, 2001

[Russian roulette : depression, suicide, medication, drugs](#)

by Martin Magoun
WharfratBooks, ©2011

[The emperor's new drugs : exploding the antidepressant myth](#)

by Irving Kirsch
Basic Books, ©2011

[Prozac nation : young and depressed in America](#)

by Elizabeth Wurtzel
Houghton Mifflin, 1994

Happy pills in America : from Miltown to Prozac

by David L Herzberg
Johns Hopkins University Press, 2009

Cracked : why psychiatry is doing more harm than good

by James Davies
Icon, 2013

Drugs-- without the hot air : minimising the harms of legal and illegal drugs

by David J Nutt
UIT, ©2012

Psychotropic drugs and the risk of suicide : joint informational hearing of the Senate Health and Human Services Committee with the California Task Force on Youth and Workplace Wellness

by California. Legislature. Senate. Committee on Health and Human Services.
California. Task Force on Youth and Workplace Wellness.
Sacramento, CA : Senate Publications, 2004

Taking America off drugs : why behavioral therapy is more effective for treating ADHD, OCD, depression, and other psychological problems

by Stephen Ray Flora
State University of New York Press, ©2007

Saving normal : an insider's revolt against out-of-control psychiatric diagnosis, DSM-5, Big Pharma, and the medicalization of ordinary life

by Allen Frances
William Morrow, ©2013

The antidepressant solution : a step-by-step guide to safely overcoming antidepressant withdrawal, dependence, and "addiction"

by Joseph Glenmullen
Free Press, ©2005

Anatomy of an epidemic : magic bullets, psychiatric drugs, and the astonishing rise of mental illness in America

by Robert Whitaker
Crown Publishers, ©2010

Pharmageddon

by David Healy, MRC Psych.
University of California Press, ©2012

Mad science : psychiatric coercion, diagnosis, and drugs

by Stuart A Kirk, Tomi Gomory and David Cohen
Transaction Publishers, ©2013

Death grip : a climber's escape from benzo madness

by Matt Samet

St. Martin's Press, 2013

Unhinged : the trouble with psychiatry--a doctor's revelations about a profession in crisis

by Daniel J Carlat
Free Press, 2010

How to get off psychiatric drugs safely : the road back program

by James L Harper
Road Back], ©2010

Brain-disabling treatments in psychiatry : drugs, electroshock, and the psychopharmaceutical complex

by Peter Roger Breggin
Springer Pub., ©2008

Rethinking psychiatric drugs : a guide for informed consent

by Grace E Jackson
AuthorHouse, 2005